

## STUDENT RESOURCE CENTER

## INSIDE THIS ISSUE:

<i>On Course at NSCC</i>	2
<i>Make It Count!</i>	2
<i>Free Tutoring</i>	3
<i>Stop Stewing</i>	3
<i>Online Survey</i>	3
<i>SBO Wants You!</i>	4
<i>Transfer Services</i>	4


**The Student Resource Center includes:**

- Career Services
- Educational Planning
- Accessibility Services
- Library Services
- Student Activities
- Student Success Center—Tutoring Services
- Transfer Advising

## WHAT TO READ FOR FUN WHEN WE DON'T HAVE THE TIME

In the middle of homework, textbooks, activities, classes, jobs, and family, we can still have that sense of personal development and pleasure that comes with reading for enjoyment. We frequently fail to realize that there are plenty of options for reading which fit into our busy lives. Some of these options deal with how and when people read. They might read in the morning or during lunch, or they might get audio books to listen to as they drive. However, one commonly overlooked option is to adapt what we read to fit our lifestyle. Here are a number of alternatives that might be unfamiliar, but sometimes a change of pace is exactly what we need to feel like we are doing something for ourselves:

**Quotes.** These take the least amount of time and have some of the most visible benefits. A person reading quotes actually benefits more from reading fewer at a time. Pick out a book that you like and can carry with you so that you can digest them over the course of the

day, or subscribe to a quote email list like [Quotationspage.com](http://Quotationspage.com) or [Litquotes.com](http://Litquotes.com). You could also check out the 808.88 section at a library.

**Poetry.** Not all poems are long and difficult to understand. Check out the poems of Elizabeth Barrett Browning, William Carlos Williams, E. E. Cummings, Louise Gluck, Charles Bukowski, Frank O'Hara, Robert Hass...or better yet, just grab an anthology and skip any poems you don't have time for. Contemporary poetry is around \$11.5 in a library.

**Children's Books.** Taking time to appreciate the art of a simple story or illustration can be very life-enhancing. And most people who take the time to read children's books quickly discover that there is a lot of depth to be found in these little books. Check out Allen Say, Mo Willems, Shel Silverstein, Margaret Wise Brown, or pull them willy-nilly from the junior fiction section at a library. (Just don't try to put them back!)

**Comic Books.** They are not all about superheroes. If you find yourself falling asleep when you read, the combination of image and text can help you stay more engaged. (Although the best thing to do would probably just be to get 8 hours of sleep for a change.) Many libraries have a section devoted to comic books and graphic novels, many of which are critically acclaimed. If you're not into the whole superhero thing, check out *Pyongyang*, *Blankets*, *American Born Chinese*, or *American Splendor*. Or you can get collections of those favorite strips *Peanuts*, *Calvin and Hobbes*, *Doonesbury*, or *Garfield*.

There are a lot of other great options out there. Grab a dictionary or thesaurus, grab a holy book or book of prayers, cart around Sudoku, read short stories between classes, get the screenplay for a favorite film... Pretty soon you'll have read more while you're busy than you did when you had time. (When exactly was that again?)

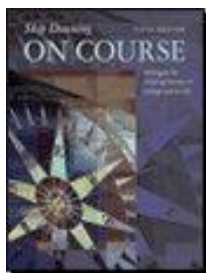
Written by **Ben Armstrong**.

## ON COURSE AT NSCC

*“These highly interactive workshops offered participants practical demonstrations of learner-centered education.”*

NSCC faculty and staff, along with representatives from the Adult Education Division at Four County Career Center, ended their spring semester with an On Course Professional Development Program for educators. The three-day in-service program provided educators with effective learner-centered strategies for empowering students to become active, responsible learners. These highly interactive workshops offered participants practical demonstrations of learner-centered education.

On Course Workshop I



On Course (The Book)  
by Skip Downing

included an introduction to the eight choices of successful students: accepting self-responsibility, discovering self-motivation, mastering self-management, employing interdependence, gaining self-awareness, adopting life-long learning, developing emotional intelligence, and believing in themselves.

Developed by Skip Downing, On Course Workshop I showcased the power of learner-centered classrooms. Participants were introduced to literally dozens of proven strategies that they can implement immediately.

The book *On Course: Strategies for Success in College and in Life* (5th ed) by Skip Downing, is the text used for NSCC's Success Seminar, GSD100. This one-credit hour course can be used as a general studies elective. GSD100 is an NSCC eight-week course and is offered online or face to face each semester.

On Course Workshop I graduates are: Sylvia Reynolds Blakely, Natalie Brandon, Colin Doolittle, Melissa Faber, Andy Kozal, Jo McCormick, Jason Rickenberg, Cherie Rix, Chris Robinson, Greg Tefft, Dianne Wendt, Kristi Rotroff, Gretchen Boose, Lana Evans, Von Plessner, Dan Burklo, Tony Hills, Paul Zumfelde, Larry Zuvers, Julie Kling, Jamilah Jones, Pam Bayer, Thomas Carr, Brenda Davis, John Barlage, Karen Wylie, Shay Pursel, Mike Yambor, Glen Brown from NSCC and Cathy Dukes, Sue Stamm and Terry Lavin from Four County Career Center.

For more information on On Course and learner-centered strategies visit [oncourseworkshop.com](http://oncourseworkshop.com). The website features a newsletter, retention data, and strategies for classroom implementation.

### Make It Count! ~ NSCC Orientation

Tuesday, August 18<sup>th</sup> at 5:00 PM – 8:00 PM (Check-in begins at 4:15 PM)

OR

Wednesday, August 19<sup>th</sup> at 10:00 AM – 1:00 PM (Check-in begins at 9:15 AM)

**Monster College Advantage**

**Books and Parking Passes**

**Online Class Nuts 'n Bolts**

**Career Planning**

**College ID's**

**Accessing Services**

**Financial Aid**

**FOOD**

Each student may bring 2 guests. Reservations are **REQUIRED** by following the **Fall New Student Orientation** link on the Northwest State website's home page.

## Free Tutoring Help Available

Did you know there are free tutoring services available to you if you're an NSCC student? We have individual tutoring as well as our walk-in tutoring labs where you can stop in and, with no appointment, sit down with a faculty member to get the help you need with your math, biology, or with a writing assignment

you are working on. You won't want to miss out on the opportunity this summer to take advantage of this free help! You'll be glad you did!

**Math & Writing Lab Summer Hours:** Monday through Thursday, 11:00 a.m. to 2:00 p.m. (Located just inside the east doors of the library)

### **Biology (Life Science) Lab**

**Hours:** Monday through Thursday (Stop by the Success Center desk for information on times & locations)

For additional information regarding our free tutoring services, stop by the Success Center desk located at the east entrance of Building A.

***Our goal is your success!!***

## Stop Stewing; Start Doing

**The Concept:** In life, we often experience obstacles that threaten to get us off course from our goals and dreams. Some of these obstacles exist in the world, and some of them exist within us. The choices we make when encountering these obstacles determine the results we create in our lives.

Consider what obstacle is real. Consider what obstacle is imagined. Now, consider

what **choices** we are willing to make.

### **The Wise Choice Process**

1. What is your present situation? (What is the problem or obstacle?)
2. How would you like it to be? (What is your goal?)
3. Do you have a choice here? (Yes...always!)
4. What are your possible choices? (Without evaluating,

make a list of options.)

5. What is the likely outcome of each choice? (Not enough data? Stop and get more.)

6. Which choice (s) will you commit to doing? (Make a promise to yourself.)



from *On Course* by Skip Downing

*“The choices we make when encountering obstacles determine the results we create in our lives.”*

**ONLINE SURVEY**

**We need your feedback!**

**YOUR CHANCE TO WIN A \$20 BOOKSTORE GIFT CERTIFICATE!**

NSCC Student —

We're happy to have had the opportunity to assist you!

In order to get information to continue to serve you better, there is a short online survey for you to complete. Simply type the following into the address bar on an internet browser:

<http://northweststate.edu/survey1>

Feel free to use a campus computer to complete the survey.

THANK YOU!



Northwest State  
Community College

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Phone: 419-267-1242  
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E-mail:  
studentresources@northweststate.edu

www.northweststate.edu  
select Student Resource Center  
under Quick Links



## SBO WANTS YOU...

The Student Body Organization (SBO) at NSCC is looking for students interested in planning, coordinating and/or participating in a variety of campus related activities.

**Involvement with these activities meets the NSCC scholarship service requirement and are excellent experiences for resumes.**

SBO sponsored activities include: Student Officer, Intramurals, Fall Fest, Ice Cream Social, Chili Cook-Off, Bowling/Pizza Party, Exam Break, Spring Fest, Valentines Day, Karaoke/D.J. Services, Spring Fling, Graduate Luncheon.

For details, contact the Office of Student Activities (C230A) at ext. 303, or...

kvanhorn@northweststate.edu.



Keith Van Horn  
Student Activities

## Transfer Services

### We are committed!

Northwest State Community College is committed to providing educational access and opportunities for students beginning their educational career at NSCC. Through partnerships with other colleges and universities, students are able to seamlessly continue their education from an Associate's to a Bachelor's degree with significant cost savings.

### Are you planning on transferring to a 4 year institution?

At Northwest State Community College, you can complete the first two years of a Bachelor's degree and then transfer to one of several colleges and universities. By majoring in one of our transfer majors, you are ensuring that the courses you take will transfer seamlessly to several colleges and universities.

### u.select

u.select is an Internet site designed with the transfer student in mind. If you are planning to transfer to another college, you can create an account and determine which classes will transfer to your new school as



Jason Rickenberg  
Transfer Coordinator  
jrickenberg@northweststate.edu  
Ph: 419-267-1353  
Office: A101G  
Office Hours: Monday—Friday,  
8:00 a.m. to 4:00 p.m.

well as create a planning guide for your major. Go to [www.transfer.org](http://www.transfer.org) for more information.

### What's the plan? What can I do to make the process seamless?

NSCC students wishing to complete their Associate degree can choose to transfer their credits to a 4 year college or university to continue their studies towards a Bachelor degree. If that is your goal and to make sure all your credits transfer, you should:

Choose your major and the school to which you plan to transfer as soon as possible.

Meet with Jason Rickenberg, Transfer Coordinator, to outline your course of study for

transfer to the other institution.

Contact the admissions office where you want to transfer and learn the degree requirements for the degree you desire. Be aware that degree requirements vary from university to university as well as within the specific colleges and schools of a university.

Work closely with Jason Rickenberg and the admissions representative at your intended transfer school for the most up to date information.

### Options for successful transfer of NSCC credits to a 4 year school:

Earn an associate degree while completing general education (Arts or Science Degree) requirements that are covered during the first 2 years at most institutions.

Follow the Ohio Transfer Module and TAG pathways for guaranteed transfer of the courses you take to any public institution in the state.