

DRA Support Groups

(Dual Recovery Anonymous)

DRA is an independent, Twelve Step self-help program. Our goal is to help men and women who experience a dual illness. A dual disorder occurs when we are affected by both chemical dependency and an emotional or psychiatric illness. Currently, there are two DRA Support Groups meeting every week — one is in Defiance and the other is in Bryan. Both support groups' purpose is to help one another to assist in healing each and every one.

Defiance Group:

Meets every Wednesday from 5 to 6 p.m. at the Disciple House, 1727 Spruce Street. This is an open meeting, so bring a friend, family member or support person. Coffee and snacks will be provided.

Bryan Group:

Meets every Thursday from 5:30 to 6:30 p.m. at Recovery Services of Northwest Ohio, 200 Van Gundy Drive.