

Attention: Persons suffering from a mental illness....

New Support Group Now Meeting

If you have or think you may suffer from a mental illness such as...

Depression ■ Bipolar Disorder ■ Schizophrenia
Anxiety Disorder ■ Obsessive–Compulsive Disorder
Post-Traumatic Stress Disorder

...then you are invited to a free, confidential, peer-facilitated support group. The group is open to men and women; however, we ask that family members do not attend. The group is specifically for persons with a diagnosed (or undiagnosed) emotional, behavioral or mental health problem.

2 Monthly Meetings

**1st Thursday each month at 11 a.m.
St. John United Church of Christ**

950 Webster St., Defiance, Ohio

The church is on the north side of Defiance adjacent to the Defiance College campus.

Webster Street is parallel to Clinton Street/State Route 66, about 1/4 mile east of Clinton Street.

Meeting in the Church Lounge will last about 1 1/2 to 2 hours. Please enter through "Office" entrance, between church and fellowship hall.

**3rd Thursday each month at 7 p.m.
Four County ADAMhs Board office**

T-761 State Route 66 south of Archbold
(across from Four County Career Center, just north of intersection with State Route 34).

Meeting in the Resource Room will last about 1 1/2 to 2 hours.

Facilitator contacts....

Either group:

Mark at 419/923-4841.

Call anytime.

Dave at 419/758-3547

Defiance group only:

Craig at 419/439-3180

*We've been there, we
know what it's like....*